

# Play Pledge



**O**utdoor play is an essential part of every child's healthy growth and development. As a parent, please pledge to make your child's play a priority by creating a "play program" with your child and signing the pledge below. Make a commitment to ensure that your child has an hour of outdoor play a day at home and/or at school.

## Personal Play Program

Encourage your child to get involved by thinking of their favorite outdoor activities and creating a poster for your home that outlines a personal play plan.

### Play Plan activities could include:

On the Playground	Jumping Rope	Climbing	Spinning
Sliding	Biking	Chase Games	Hiking
Swinging	Walking	Hide & Go Seek	Sledding
Ball Games	Playing Catch	Exploring Nature	Tumbling

\_\_\_\_\_  
Child/Childrens name(s)

**I pledge that my child(ren) will have at least one hour of outdoor play each day. I am making a commitment to my child's healthy development by recognizing the importance of making play a priority in his/her life.**

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

**Please print off this Play Pledge, sign it and return it to:**  
IPEMA Play Pledge  
International Play Equipment Manufacturers Association  
4305 North Sixth Street, Suite A  
Harrisburg, PA 17110

Once your signed Play Pledge is received, IPEMA will e-mail you a "packet" of information about how various play activities help children grow, as well as ideas about creative ways to fit play into your child's day and tips for making play a priority for your family's health, growth and development.

E-mail address where you would like your packet to be sent:

\_\_\_\_\_  
 I prefer not to receive e-mails from IPEMA

